

Reducing Psychological Harm from Traumatic Events Among Children and Adolescents: Psychodynamic Therapy

Task Force Finding

Intervention Definition

The goal of psychodynamic therapy is to allow a traumatized individual to review unconscious thoughts and emotions and to integrate the traumatic event into a revised understanding of life.

Task Force Finding (June 2006)*

The Task Force finds insufficient evidence to determine the effectiveness of psychodynamic therapy in reducing psychological harm in children and adolescents because only one qualifying study of greatest design suitability and fair execution was identified.

*From the following publication:

Task Force on Community Preventive Services. Recommendations to reduce psychological harm from traumatic events among children and adolescents. *Am J Prev Med* 2008;35(3):314-6.

Publications

Wethington HR, Hahn RA, Fuqua-Whitley DS, Sipe TA, Crosby AE, et al. The effectiveness of interventions to reduce psychological harm from traumatic events among children and adolescents: a systematic review. *Am J Prev Med* 2008;35(3):287-313.

Task Force on Community Preventive Services. Recommendations to reduce psychological harm from traumatic events among children and adolescents. *Am J Prev Med* 2008;35(3):314-6.

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